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America responds to AIDS campaign

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PUBLIC HEALTH REPORTS, published by the Public Health Service, welcomes from any source contributions of value to public health, disease prevention, health promotion, medical care, and community medicine.

Scientific papers concerned with the delivery of health services and with the many facets of health care, as well as technical reports documenting studies and research, are especially suitable. We also seek papers on new programs, new projects, and new ideas, even when they are experimental in nature. We are interested in both full-length papers and less formal, news-oriented papers, under 1,500 words, for the Prevention Briefs and the Programs, Practices, and People sections. *Public Health Reports* wants to record what is currently happening in the health field.

To spur lively debate and examination of public health issues, letters to the editor are encouraged; letters are limited to 500 words and 10 references.

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from employee complaints of employer noncompliance, such as nonenforcement or no policy established. Employee comments favored stronger requirements for smoking bans in common work areas. Employers who evidenced concern for developing policies in union worksites were advised to seek legal counsel regarding their contract and the need for collective bargaining of the issue.

—JEANINE MALONEY, MPH, Public Health Educator, Division of Health Promotion and Education, Bureau of Health, Department of Human Services, State of Maine, Augusta, ME 04333.

Program Seeks To Increase Enrollment of Minorities in Medical Schools

In an effort to increase the enrollment of minority students in medical schools, a new program of the Robert Wood Johnson Foundation will make grants totaling \$8 million for summer enrichment programs.

Approximately 7,500 minority students interested in medical careers will benefit from enrichment programs funded by grants from the foundation's Minority Medical Education Program. Eight 5-year grants for as much as \$1 million each will be available under the

program to institutions to support 6-week summer enrichment programs.

Programs will include (a) academic enrichment (mathematics, science, and problem-solving skills), (b) structured laboratory experience, (c) counseling on the selection and application process for medical school, and (d) preparation and review for the Medical College Admissions Test (MCAT). A minimum of 180 new students will be enrolled by each institution annually.

Eligible institutions include universities, colleges, medical schools, and community organizations with a history of operating enrichment programs for minority students. Grant recipients will be announced by June 1988.

More Physical Education Programs in Schools Called for by AAP

Because today's school children score poorly in physical fitness, the American Academy of Pediatrics (AAP) is urging parents and pediatricians to appeal to their local school boards to maintain, if not increase, physical education programs in the schools. The policy statement was published in the September issue of *Pediatrics*, the journal of the AAP.

Up to 50 percent of school children are not getting enough exercise to

develop healthy hearts and lungs, and many cannot pass standard tests of physical fitness. The AAP notes that the problem is the result of cuts in physical education programs, too much television, and other lifestyle trends.

The AAP recommends that school physical education programs emphasize "lifetime" activities that can be readily carried into adulthood such as cycling, swimming, running, fast walking, aerobics, and tennis. A deemphasis was recommended for school physical education time spent on traditional team sports such as football, baseball, and basketball. The AAP's Committee on Sports Medicine and School Health noted that, although sports such as football and baseball require agility, speed, and power, "they are not particularly fitness-enhancing." The components of fitness were defined as muscle strength and endurance, flexibility, body fat composition, and cardiorespiratory endurance.

Parents were encouraged to set an example by adopting a lifestyle that includes regular physical activity. A new AAP brochure, "Sports and Your Child," is available.

To obtain a free copy of "Sports and Your Child," send a stamped, business-size envelope to American Academy of Pediatrics, Department C, "Sports," P.O. Box 927, Elk Grove Village, IL 60009-0927.

EDUCATION NOTES

Training courses in occupational safety and health are given by the National Institute for Occupational Safety and Health (NIOSH) directly or in cooperation with professional organizations or agencies. NIOSH also sponsors Educational Resource Centers in universities throughout the country. Following is a list of courses being offered by those centers in the next few months. Contact the persons specified in the listing about further information such as application deadlines.

HARVARD EDUCATIONAL RESOURCE CENTER

Emerging Challenges in Occupational and Environmental Health, December 3-4, \$300.

Managing Ambulatory Health Care Organizations, December 7-11, \$1,100

Write or call Beth Ellis, the Office of Continuing Education, Harvard School of Public Health, 677 Huntington Ave., Boston, MA 02115 (617: 732-1171).

NEW YORK-NEW JERSEY EDUCATIONAL RESOURCE CENTER

Training and Certification in Occupational Hearing Conservation, December 8-9, \$350; \$150 for recertification course on December 9.

The Occupational Health Nurse Today and Tomorrow, January 25-29, \$450.
Sampling and Evaluating Airborne Asbestos Dust, January 25-29, \$500.

Health Hazards of New Technologies, February (1 day), \$125.

Contact the Office of Consumer Health Education, University of Medicine and Dentistry of New Jersey, Robert Wood Johnson Medical School, Piscataway, NJ 08854 (201: 463-4500).

ALABAMA EDUCATIONAL RESOURCE CENTER

Liability Issues in Occupational Health and Safety, December 3-4, cost to be announced.

Contact Elizabeth Lynch, University of Alabama School of Public Health, University Station, Box 99, Birmingham, AL 35294 (205: 934-7032).

NORTH CAROLINA EDUCATIONAL RESOURCE CENTER

Asbestos Hazard Emergency Response Act, December 7-11, \$650.

Sampling and Evaluating Airborne Asbestos Dust (NIOSH 582), January 25-29, February 8-12, Chapel Hill, \$650.

Eighth Annual Occupational Safety and Health Winter Institute, Daytona Beach, FL, February 22-26, costs to be announced.

Contact Ted M. Williams, Occupational Safety and Health Educational Resource Center, UNC-CH, 109 Conner Dr., Suite 1101, Chapel Hill, NC 27514 (919: 962-2101).

CINCINNATI EDUCATIONAL RESOURCE CENTER

Pulmonary Function Testing I: NIOSH-Approved Spirometry (NIOSH 101), December 2-4, \$375.

Contractor/Supervisor Asbestos Abatement Practices, December 8-11, February 16-19, \$625.

Hazardous Materials Management Certification Program, January 19-21, \$225 (examination fee additional).

Asbestos Operations and Maintenance, February 3-4, \$350.

Asbestos Building Inspection Procedures, February 15-17, \$500.

Management Planer Training, February 18-19, \$350. If Building Inspection Procedures is taken also, cost is \$750 for both courses.

For further information, contact Kay M. Hayes, Field Service Instructor, Director, Office of Continuing Education, ML 56, University of Cincinnati, 231 Bethesda Ave., Cincinnati, OH 45267 (513: 872-5733).

MINNESOTA EDUCATIONAL RESOURCE CENTER

Asbestos Control—Critical Factors, December 1-2, \$300.

Safety and Health Training for Hazardous Waste Site Personnel, February 8-12, cost to be announced.

Computer Applications for Managing Right-to-Know, February 18-19, \$275.

Conflict Management Counseling Skills for Negotiation and Resolution in Occupational Health, February 24-26, cost to be announced.

Contact Ruth K. McIntyre, Director, Continuing Education, Midwest Center for Occupational Health and Safety, 640 Jackson St., St. Paul, MN 55101 (612: 221-3992).

UTAH EDUCATIONAL RESOURCE CENTER

Training in Pulmonary Function Testing, January 19-21, \$350.

Quality Assurance in Environmental/Occupational Monitoring, January 27-29, \$400.

The Rocky Mountain Comprehensive Review of Industrial Hygiene, February 22-26, \$700.

Contact Connie Crandall, Director, Continuing Education, Rocky Mountain Center for Occupational and Environmental Health, Bldg. 512, University of Utah, Salt Lake City, UT 84112 (801: 581-5710).

SOUTHERN CALIFORNIA EDUCATIONAL RESOURCE CENTER

Legal Aspects of Occupational Safety and Health, December 2-3, \$385.

Hazard Communication: Worker Training and Right-to-Know, December 7-9, \$400.

Managing and Controlling Asbestos Contamination/Exposure, January 20, \$160.

Transportation of Hazardous Materials/Waste, January 21-22, \$265.

Hazardous Materials: Handling and Disposal, January 25-29, \$735.

Hazardous Waste for Small Generators, February 1, \$160.

Back Injury Prevention, February 11-12, \$280.

Video Display Terminal Safety (VDT), February 18-19, \$265.

Occupational Health Nursing: Basic Theory and Update, February 24-26, \$405.

Behavioral Science as an Approach to Accident Prevention, February 29-March 1, \$375.

Contact the University of Southern California, Institute of Safety and Systems Management, Office of Extension and Inservice Programs, University Park, 3500 S. Figueroa St., Suite 202, Los Angeles, CA 90089-0021 (213: 743-6523).

NORTHERN CALIFORNIA EDUCATIONAL RESOURCE CENTER

Fourth Annual Conference: Recent Advances in Occupational Cancer, December 3-5, \$220 physicians, \$165 other allied health professionals.

Sampling and Evaluating Airborne Asbestos Dust (NIOSH 582), January 18-22, \$600.

Contact Lela D. Morris, Continuing Educational Coordinator, Northern California Occupational Health Center, University of California, 2521 Channing Way, Berkeley, CA 94720 (415: 642-5507).

WASHINGTON EDUCATIONAL RESOURCE CENTER

Management of Safety and Health Programs, December 7-8, \$250.

Health Effects of Wood Smoke, January 20, cost to be announced.

Worker Health and Safety at Hazardous Waste Sites, February 11, \$125.

Contact Sharon Morris, Continuing Education Coordinator, Northwest Center for Occupational Health and Safety, Department of Environmental Health, SC-34, University of Washington, Seattle, WA 98195 (206: 543-1069).

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH (NIOSH)

Sampling and Evaluating Airborne Asbestos Dust (NIOSH 582), December 7-11, February 1-5 and 8-12, \$500.

Safety in the Laboratory (NIOSH 580), January 11-15, \$450.

Gas, Vapor, and Particulate Sampling (NIOSH 592), February 1-5, \$500

Industrial Hygiene Measurements (NIOSH 550), February 22-March 3, \$800.

For more information about NIOSH courses, contact Marsha Striley, Training Registrar, Division of Training, National Institute for Occupational Safety and Health, 4676 Columbia Pkwy, Cincinnati, OH 45226 (513: 533-8225).

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a	Original article
abs	Abstract
br	Brief report
e	Editorial
ltr	Letter

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Marian Priest Tebben
 Executive Editor

What You Should Know About AIDS

Facts about the disease
How to protect yourself and your family
What to tell others



AMERICA
RESPONDS
TO AIDS

An Important Message from the U.S. Public Health Service
Centers for Disease Control



An Important Message For All Americans

No doubt you have read or heard much recently about AIDS. You may believe AIDS doesn't affect you personally, but it does. AIDS affects us all, directly or indirectly – male or female, married or single, young or old, rich or poor.

All of us need to know the facts about AIDS, and we need to join with our fellow Americans in making a commitment to do all we can to protect ourselves, protect those we love, and stop the spread of the disease.

For some, this means influencing family members or friends to eliminate behavior that puts them at a high risk for getting the disease. For others, it means spending time to explain the disease. For all of us, it means not having unnecessary fears about AIDS.

Families, especially, have an important role to play. The family setting is the best place for our young people to learn about AIDS and how to avoid it.

I strongly agree with President Reagan who has stated: "We mustn't allow those with the AIDS virus to suffer discrimination... We must firmly oppose discrimination against those who have AIDS. We must prevent the persecution, through ignorance or malice, of our fellow citizens."

Today, with the leadership of the U.S. Public Health Service under Assistant Secretary Robert E. Windom, M.D., Americans from all walks of life – professionals and volunteers alike – have dedicated themselves to stopping the spread of AIDS and finding a cure.

I urge you to study this leaflet, follow its advice, and share this information with others. It could save your life or the life of someone you love. You may also want to read the report on AIDS by Surgeon General C. Everett Koop, M.D., available free from P.O. Box 23961, Washington, D.C. 20026-3961.

The American response to AIDS has been inspiring. Together, we must continue to do all we can to protect ourselves and those we love.

Otis R. Bowen M.D.

Otis R. Bowen, M.D.
Secretary, U.S. Department of
Health and Human Services

AMERICA RESPONDS TO AIDS

America Responds to AIDS Campaign

As President Reagan designated October AIDS Awareness and Prevention Month, the Public Health Service joined with the media and the private sector in a massive campaign to educate the American people on how AIDS is spread and how to prevent the disease from spreading.

Dr. Robert E. Windom, the Assistant Secretary for Health, as a major part of his effort in this campaign, is asking the American people to do what they do best—to hold out a helping hand—to show compassion and caring for people with AIDS and AIDS-related illnesses. He urges them to hold a child, to visit those in the hospital, to sit and talk with those in their homes, to drive them to a clinic, to help them bring in the groceries.

At no time must we forget those who have this illness, he declared. More than 40,000 people have developed this disease. More than 20,000 people have died from it. It is to the living that, to quote the playwright Arthur Miller, "attention must be paid."

We have no vaccine to prevent this disease, now. We have no drug to cure this disease now, said Dr. Windom. What we do have now is a month—and a year to come—to join hands in a massive campaign to educate and inform, to destroy myths and misunderstandings, to enlighten and to provide facts and to avoid fear, to provide assurance and to avoid anxiety, to provide hope and banish hate.

Toward these ends, the AIDS brochure shown on this page is being distributed in quantities up to a million copies by companies, State and local health departments, the Department of Defense, and other organizations. Public service announcements are being distributed to at least 1,000 television stations and 7,000 radio stations nationwide, and print ads are being offered to major newspapers and magazines. The AIDS hotline (1-800-342-AIDS) capacity is being quadrupled—from 12 to 48 lines—to handle the expected volume of calls. To obtain from one to 10,000 copies of the brochure, call the AIDS hotline.

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